## Saturday, October 10th



**FALL 2020** 

## QUARTERLY EDUCATION

## Mental Health

We all play a part.

Mental health affects everyone in different ways.

We all deal with it in our personal and professional lives.

Join us for a look at how to manage your mental health and ways to cope.

## Via 🖳 Webinar

8:00-8:30 Sign in and network

8:30-10:00 Jennifer Wisdom, PhD MPH

Behavioral Health in Society:

Implications for Provisions of Medical Services

10:15-11:45 Kristopher Chew

MA, QMHP, NCAC II, CADC II

Dissecting Addiction and Extracting Stigma

12:00-1:30 Maria Garibay Rodriguez, LCSW

Mental Health Defined and Simple Practices

that Help Us Sustain It

Member: \$30/Non-Member: \$45/Student: \$0

Register no later than October 5th:

HTTPS://FORMS.GLE/KEEGEZEHHDMCPPZK7

4.5 CEL

AAMA-APPROVED

HOSTED BY RIVER CITIES CHAPTER OF MEDICAL ASSISTANTS

LEARNING OPPORTUNITY